



Set 1 Descriptions

1. **Wise Action** *Cattleya loddigessi* var. *coerulea*

Positive effect: Actions founded in wisdom, empathy and caring thought; consideration; clear and congruent intention, resulting in the intended success.

Indications: When actions taken don't reflect the original intent, when actions are repeatedly rash, ill timed, cause painful outcomes to oneself or others.

Qualities: This essence offers a blueprint of embodying the infinite wisdom in all action. The spark of intention is held in the heart, let is rest there to increase in intensity, to take on a life of its own within you, in other words it comes more into manifestation as you allow yourself to just "be" with the intention. Actions embodying the spark of infinite intention = wisdom in action. Activity and being, embodying the wisdom of the intention.

2. **Wondrous Heart** *Vanda javierii*

Positive effect: The ability to commonly feel wonder at life's possibilities, reexperiencing the innocence of the untouched heart and mind, the ability to respond to life with fluidity and enthusiasm.

Indications: Fear that the pain of the past will continue into the future. These associations, inappropriate now, impede the sense of adventure and constrict the ability to respond with enthusiasm.

Qualities: This essence helps to awaken the sense of wonder again if it has been lost or lessened, wonder about possibilities, about the unknown, about the wonderful ability to respond to life. The inner power speaking softly enough to get your attention, to propel you into the unexpected with the innocence of a child filled with wonder.

"If you can feel the wonder, you can proceed"

3. **Purpose Flows** *Phragmipedium ecuadorensis*

Positive effect: A shift takes place within, life purpose flows - influence of consciousness overcomes obstacles by infusing gently through.

Indications: Loss of a sense of purpose in life, seems mundane, just doing the things that one must do without a sense of inner drive, or excitement.

Qualities: In the heart one finds the well spring of life purpose up-welling, bubbling, spilling over and trickling with the fluidity of water. As in nature a constant gentle trickle facilitates movement which encourages purpose to flow gently and naturally. Let your purpose well up within you, let it be your sustaining pool. This essence inlays the unaltered blueprint of purpose flowing freely.

4. **New Perceptions** *Ansellia gigantea*

Positive effect: Focus. Ability to perceive new possibilities where at first examination, none exist. To render enduring that which seems unendurable because the limitless possibilities can now be perceived of , and focused upon to create desired outcome and fulfill needs.

Indications: Inability to perceive of new, alternative or expansive outcomes, or how needs will be met. Exhausted, enervated or depleted mentally, psychically, spiritually, physically, emotionally.

Qualities: This essence has a strong focusing vibration. When you need to focus on your work or your play, this is the essence to use.

It will assist in shifting paradigms, opening mental awareness because it is imprinted for perceptual expansion. Abundance may be right before you but unrecognizable unless inner parameters shift. See, feel, sense, find and utilize abundance and opportunity where it hasn't been expected and is not obvious.

5. **Idiot Glee** Vanda roeblingiana

Positive effect: Feeling good for no good reason... cosmic joy.

Indications : Sadness, or desire for increased joy. Idiot Glee helps take the seriousness out of circumstances.

Qualities: There are two precise words that best describe the aspect of the human heart that is mine to accentuate: idiot glee. I am the brash youngster, I am the fits of giggles, I am the aches in the face from smiling, I am the tears of laughter. I bring you the most intense, senseless joy that you shall have the good fortune to endure.

6. **Balancing Extremes** Paphiopedilum lowii

Positive effect: Renewing inner balance (circular motion, avoiding the wide swings of pendulum like motion).

Indications: Going to extremes in behaviors, emotions, patterns of thinking. Feeling out of balance, desire to alter extreme behaviors; recommended in cases of addiction or dependence.

Qualities: Renewed balance comes full circle excluding the wide swing of pendulum-like motion; instead "be" the balance from within. Express the truth and radiance of yourself in balance. Circle within. Acknowledge and "be" with your own true colors. How have you designed yourself to function in this world that you have not been honoring? Has your uniqueness felt misplaced? Why did you go so far out of balance? What did you lose sight of? In ecstasy, you will remember your ground; in the earth plane, you will remember the other realms.

7. **Dance of Creation** Vanda coerulea

Positive effect: The cosmic dance invites to you accept the invitation. Your awareness perceives the subtler imagination of the heart and your journey beyond the usual; to experience vast possibilities within, this is part of the cosmic dance!

Indications: Feeling limited, lacking creativity or vision; feeling like life happens to you as though you had no hand in it. Sense of loss of inner connection with the creative force.

Qualities: May creative expressions fill all of your being to be embodied, ever living, sensing and feeling the bliss of co-joined awareness. Dance of Creation essence is here to lighten your heart from a burdensome view and draw you to loftier perspectives within. This essence stimulates the pineal gland and inner vision so that creating becomes the essence of pastime.